



# **New Horizons Youth Ministries Missanabie Woods Academy**

**(Step 3 of 3)**

**Summer 2006**



To Whom It May Concern:

The enclosed information is being sent to you in response to your inquiry regarding our Missanabie Woods Academy.

We will leave for camp from Marion, Indiana on Saturday, June 3, 2006 at 6:00 P.M. The last day of camp will be August 13 with students arriving back in Marion on Saturday, August 12 about 11:00 A.M.

If you would like to provide this experience for a young person in your family, please complete the enclosed Parent Application/Social History/Problems Checklist form and return it to our office, along with an initial down payment. Please send a copy of your latest IRS 1040 if you want to apply for a scholarship. It is a policy of New Horizons to run a credit check on all applicants. Applications are processed in the order of receiving them.

You must also send a psychological evaluation for the applicant. We will then make an admission determination based upon the number of remaining openings and the appropriateness of our program for your child. Once this is done, we will notify you. In the event that your youngster is declined admission, your initial down payment will be returned in full to you immediately.

We have space for a limited number of teenagers. Therefore, to avoid disappointment and insure securing an enrollment for this summer's program, kindly send your application, the psychological evaluation and your down payment as soon as possible.

I hope the enclosed information will be helpful to you and wish for your youngster a great summer in the Canadian North Country, which I am sure he or she will not soon forget.

Yours Truly,

Timothy G. Blossom, M.Div.  
Executive Director  
Clinical Social Worker  
Indiana License #34002547

Enclosures

P.S. If you have any questions, please call me at (800) 333-4009 ext. 158, or Monica Bush at ext. 113. Our office hours are 8:30 a.m. to 5:00 p.m. EST. You may also E-mail us at [admissions@nhym.org](mailto:admissions@nhym.org) .

Missanabie Woods Academy is first and foremost a therapeutic program, which is Christian based. However, in our efforts to provide well-rounded quality services, we have sought and maintained accreditation and/or membership with various organizations, which while not addressing our therapeutic nature, do have application to MWA. You may have noticed the symbols of accreditation on the left side of this letter or on our brochures. We would like to tell you a little more about what this means to us and to you.

The Ontario Camping Association is a non-profit provincial association committed to excellence in camping through:

1. The maintenance and advancement of the highest standards in organized camping for young people to older adults;
2. The promotion of a greater appreciation of the Ontario organized camping movement;
3. The improvement of the quality of camping through an open exchange of ideas.

MWA receives an official standards review once every four years from the Ontario Camping Association to ensure the ongoing quality of our facility, staffing and program. Accreditation includes requirements for emergency exits, first aid, aquatic-certified personnel, storage and use of flammables, emergency transportation, and obtaining appropriate health information. The Association is constantly reviewing its standards so that they and their member camps respond to changes in legislation, new trends and current research.

MWA maintains membership with the Canadian Camping Association, which is a very similar organization to that of American Camping Association and provides a link and umbrella for the provincial associations. Membership with Christian Camping International/USA (which works closely with American Camping Association) provides training and networking world wide specifically from a Christian perspective.

The National Association of Therapeutic Wilderness Camps (NATWC) currently represents MWA. NATWC works with over 50 therapeutic wilderness programs for young people across the country. The resources they provide their organizations include networking, education, counselor certification, and the support of research in the field. They promote quality care of youth through their training opportunities and conferences.

## **Missanabie Woods Academy**

### **Summer Activities List**

This list is designed to familiarize you with some of the activities your son or daughter might write you about. You may wish to keep it for future reference.

#### **Spiritual Growth:**

**Devotions:** There are devotions after breakfast each day, except on Sundays. In the evenings, each cabin holds its own time of devotions. These are usually led by one of the team staff, and involve discussion of scripture passages or topics of interest to the students.

**Chapels:** Each Wednesday night staff members give their testimonies, everyone worships in song, and prayer requests are taken. Each Sunday morning there is an all-camp church service with songs, sermon and fellowship.

**Spiritual Emphasis Week:** Our staff work to integrate Bible teaching into every aspect of camp and to live out their Christianity genuinely before our students all summer. At the culmination of the summer, we bring in a special speaker to present the gospel to our students in a clear and relevant way, to give them a chance to respond to what they have seen during the summer. We also review the 10 Commandments with them to balance God's plan for holy living with the grace he offers to begin a new life.

## **Outdoor Education:**

**Survival Training and Solos:** Each student is taught the fundamentals of wilderness survival in their survival training classes. Solos give them a chance to demonstrate what they have learned. Each student is placed in an assigned area away from the camp and given time to build a shelter and a fire, manufacture emergency signals, and perform other tasks using the materials available to them on the site. Their training teaches them how to confidently face a wilderness emergency, and helps them see what things in their lives are truly needs. Staff monitor the students continuously from a central site, and check in with each student personally several times a day. Solos last 24 and 48 hours, and also give opportunity for students to contemplate their life and choices in solitude, guided by written exercises assigned by the counselors.

**Search And Rescue:** Our students are partners in assuring the safety of each person at camp. They learn and practice both land search techniques and canoe rescue techniques, which equip them to help if a person becomes lost or tips his canoe.

**Trail Camp:** Led by an experienced backpacker, each team goes hiking with packs and provisions for five days. Each pack weighs between 30 and 45 pounds. Tents and all personal camping gear are taken, and the team sets up camp and cooks its own meals. Each team travels to several "outposts," permanent campsites at various areas on the trail. The total mileage, round trip, is approximately 30 miles. While out, the team is involved in trail maintenance or construction, repairs to the outpost campsites, and environmental and outdoor living instruction.

**Canoe Camp:** An experienced canoeist leads each team on a five-day trip in the lakes surrounding the camp area. Campers are paired up in canoes, and work together to paddle, portage the canoes over land, and set up campsites. Fishing, outdoor living, and canoeing instruction is part of the trip, and each team takes a day to relax, swim, and enjoy the beauty of the surroundings for a day in the middle of the trip.

**Cabin Building:** While the students work most days as a matter of course, cabin-building week allows for an intensive experience to accomplish specific building and renovation work. Students are taught some basic construction skills and have a part in working on a building in at least one stage of completion from foundation to finished building. A person with some construction experience leads and teaches the group so that they can look back on a significant and lasting work project.

## **Physical Fitness and Competition:**

**Physical Fitness Test:** At the beginning of camp, each student does sit-ups, push-ups, squat thrusts and measured distance running for a certain amount of time. The results are recorded and this test is given again at the end of camp to see how much the student has personally improved.

**Morning Calisthenics:** Before breakfast each team works through a list of exercises to improve physical fitness. The number of exercises is gradually increased through the summer.

**Sunday Competitions:** Students participate in a variety of individual, pair, and team competitions each Sunday afternoon. Each student is recognized for their participation, awards are given to top finishers, and winners have their names engraved on plaques, which hang at the camp for years to come. Competitions include:

**Watson's Pond Enduro:** A running race through the forest surrounding Watson's pond. Students run about 1000 meters.

**Ladies' Power Line Run:** A running race along the cleared area beside some nearby power lines, about 1000 meters long.

**Tandem Canoe Races:** Students are paired together to paddle canoes around a distance course set out in the lake.

**Canoe Carnival:** Students work in pairs and teams to paddle canoes through slalom and sprint courses, battle against each other in canoe tug-of-war, paddle for distance while a saboteur bails water into their canoe, and race a short course performing a “fire drill” (getting out of the canoe and back in as a team) whenever the whistle blows.

**Lumberjack Competition:** Students’ work time skills are put to good use as they compete in sawing competitions, nail driving, and the “bear climb” event. The day ends with the prestigious “bull dog” competition, where each team carries a log through a challenging course laid out through the camp.

**Group Initiatives (GI) competition:** Students work as a team to solve problems posed to the group such as how to get a tire over a pole or move on a narrow beam between two canoes. The “Pots and Pans Olympics” rewards the team that can perform the best in the dish and dining hall cleaning they do for chores. The day finishes with a raft race using rafts the students have built in their GI classes.

**Voyageur Day:** Students challenge each other in games of skill including grappling, balance games, and wrestling games.

**Rabbit Island Enduro:** The highlight of the summer for boys’ competitions. The boys use compasses to guide them the two miles from end to end of Rabbit Island, near the camp.

**Endurance Swim:** Students swim from camp to a nearby point and back. The top ten swimmers have to opportunity to swim a longer Marathon Swim course a couple of weeks later.

**Iron Man Competition and Ladies Triathlon:** Students carry a log, then canoe or swim, and then run through the forest to complete the course.

## **Comprehensive Counseling:**

Counseling at MWA goes far beyond sitting and talking. The student’s counselor helps the student interpret how he reacts to others and how he can change. Goals are set and the student goes back into his team to “field test” ideas and strategies in a safe setting. It is only as the student experiences what he talks about that counseling can have any lasting effect. MWA is a perfect lab for growing healthy relationship habits.

**Individual Counseling:** Each student meets with an assigned counselor weekly to discuss his progress, relationships in the team, and thoughts on his home and family. They often review letters between students and parents, and will plan ways to improve the student’s relationships with others.

**Daily Journals:** Students write in a private journal daily about their experiences, thoughts, and feelings. The written record provides a way of looking back at past thinking and beliefs and observing changes in thought and attitude. Counselors regularly review the journal entries and use the content to inform their individual counseling time.

**Ropes Course:** Our low ropes course offers a graduated experience for students to challenge themselves with the encouragement and support of their peers. A 32-foot man-made climbing wall completes the challenge. We hope every student will be able to look back and say, “I climbed the wall!”

**Team Groups:** Students meet as a team group to discuss conflicts and relationships within the team. Teams nightly review their day and work to solve small problems, but once a week they meet with a counselor without their team staff. This is a time when group conflicts with a staff member can be aired and suggestions can be made for resolution, and conflicts between students can be worked on more intensively by the group.

**Group Initiatives:** Student teams regularly are presented with problems to solve as a group. The process is a rich source of discussion material about the team's ability to function as a group, and each individual's contribution to the group effort. Effort in this area is rewarded later in the summer as the teams compete against each other to solve group initiative problems.

**Special Groups:** Numerous special groups are run occasionally during the summer. Students may write tests that tell us about them, write letters to be mailed to themselves at a later time, or discuss a Christian perspective on sexuality. MWA lasts but a few brief moments, but we want the experience to help our students for their entire lives.

## **Just For Fun:**

**Friday Dinner Events:** A special theme dinner is planned every Friday evening, which includes special decorations in the dining hall, costume judging, and skits. Past years have included:

**Western Night:** The dining hall is decorated as a saloon and serves root beer with dinner. Students and staff dress to the western theme.

**Red, White, and Blue Night:** Near the fourth of July, students and staff dress in Red, White, and Blue to honor their country's birth. Canadian staff and students dress in red and white to honor their patriotic day (July first.)

**Lake Lovers' Night:** The dining hall is transformed into a submarine paradise and the menu tends toward fish and other underwater delicacies.

**Backwoods/Backwards Night:** Students and staff not creative enough to mimic extremely rural people are encouraged to wear their clothing backwards instead. Dinner begins with dessert, of course.

**Bible Character/Twin night:** All in attendance dress as either Bible characters or twins with someone else.

**Christmas in July:** Why should Christmas come only once a year? A big dinner is always welcome, and Santa Claus often makes an appearance to give students back items they have mislaid.

**Bug Night:** This event celebrates the many others with whom we share our campsite.

**Sports Night:** Encourages our staff and students to represent their favorite sports and sport stars and enjoy a ballpark-style meal.

**Camp Store:** Each Saturday night and before each of their free days, the teams visit the Camp Store. Using the money they have earned doing chores and work, the students can purchase snacks and pop (within limits), camp logo merchandise, toiletries, and commonly needed items.

**Individual Team Cookouts (ITCs):** Every Saturday, each team cooks its own meal over a campfire at sites beside the lake. This is a great time to relax and fellowship.

**Free Days:** Several weeks the teams choose a place to canoe or hike to and spend the entire day together, cooking, playing games, swimming, canoeing and generally just having fun together, after they have passed their cabin inspection.

**Cabin Inspection and "The Trough:** Each student cabin is inspected daily to ensure that the students have cleaned them to the required standard. Every three weeks the team that has kept their cabin the cleanest wins a giant ice cream sundae.

## **Special Events and Activities:**

**Opening and Closing Crew:** A selected group of boys or girls arrives at camp before the main group to help set up the camp and ready it for occupation. Water systems must be set up, repairs from any winter damage made, and protective covers removed from the building windows. Equipment is also set in place and readied for use. Selected students stay after the main group leaves from camp to secure the cabins and equipment and prepare the site for winter. Opening and closing crews combine hard work, skill building, and a more casual atmosphere than the regular session.

**Awards Ceremony:** All teams and staff are present and all students and staff are recognized for their contribution to the summer. Special awards recognize significant achievements, impressive growth, and demonstrated character in both staff and students.

**Parent Weekend:** We welcome parents to visit their children on one weekend during the summer. Information regarding dates, lodging, and directions will be sent to you separately.

**Fireworks:** One night, on or around July 4th, the camp launches a fireworks display over the lake. Students are often given sparklers. Both boys and girls together enjoy this event.

**Moose Sign Pizza Night:** Long-time staff play the Moosilini family and bring Moosilini's lost pizzeria to Missanabie. Specializing in moose sign and bear sign pizza, Moosilini's promises a memorable dining experience. Students attend by teams and each team dresses to a theme of their choosing.

**Awards Assembly:** Each Sunday night all students are recognized for their efforts in the competitions, and awards are given to those excelling in school, work, canoe and trail camp, and a "Camper of the Week."

# Missanabie Woods Academy

## The Glory of Womanhood

M.W.A. focuses on the following crucial areas incorporating scriptural principles.

1. **The Glory of Womanhood** - Gentleness, caring and unselfishness.
2. **Problems of Moral Choice** - What's really right and why wrong is so devastating.
3. **Dignity, Charm and Self-worth** - The crucial why and how of building self-esteem in yourself and others.
4. **A Girl's Most Priceless Possession** - Inner character; how to build it and how not to lose it.
5. **You Will Never Get There That Way** - How to recognize and change self-defeating behaviors.
6. **How to Love and Be Loved** - The deep and lasting joy of being a love-giver vs. being an object of lust.
7. **A Higher Strategy than Struggle** - How to live naturally with conflict, assertiveness or hurting.
8. **Enhancing Your Social Image** - What it takes and when it is not worth it.
9. **How to Overcome the "I Want it Now" Syndrome** - Developing strategies for waiting and patience through wise vocational planning.
10. **A Girl's Faith Is a Woman's Strength** - Learning the dynamic principles of faith and trust, to live above fear and anxiety.
11. **What to Talk about on a Date** - Inspiring a boy to virtue and greatness.
12. **Finding a Husband Who Will Always Be True** -
  - a. Set high premarital standards.
  - b. Develop real spiritual depth and wisdom.
  - c. Keep building him up in the Faith.
  - d. Let him be king at home.
13. **Men Aren't Everything** -
  - a. The disastrous results of letting any man take God's place in a girl's life.
  - b. Finding happiness and the full life as a single in Christian service.



# Missanabie Woods Academy

## The Glory of Manhood

M.W.A. focuses on the following crucial areas incorporating scriptural principles.

1. **The Glory of Manhood** - Courage, wisdom and character.
2. **Problems of Moral Choice** - What's really right and why wrong is so devastating.
3. **Dignity, Self-respect and Self-worth** - The crucial why and how of building these in yourself and others.
4. **A Young Man's Most Priceless Possession** - Inner character; how to build it and not lose it.
5. **You Will Never Get There That Way** - How to recognize and change self-deceptions and self-defeating behaviors.
6. **Selflessness** - The secret of success and greatness.
7. **A Higher Strategy than Struggle** - When and how to be submissive and obedient.
8. **Popularity and Social Esteem** - What it takes and when it is not worth it.
9. **How to Overcome the "I Want it Now" Syndrome** - Developing endurance and responsibility through goal-oriented living.
10. **A Boy's Faith Is a Man's Strength** - Learning the dynamic principles of faith. Developing convictions that impact stability, confidence and character strength.
11. **To Lust or to Love** - God's provision for protecting a man's deepest and most lasting joy in his sex life.
12. **What to Look for in a Girlfriend** - Choosing one who will not weaken you, but build you up!
13. **What to Do with a Young Lady** - To develop a meaningful relationship and avoid life-long regrets.

## Enrollment Cost for Summer Programs

Since its beginning, New Horizons Youth Ministries (NHYM) has attracted the interest of many thoughtful and unselfish people. Without their prayers and gifts, the services of this Christian agency would not be available. Several years ago, the Board of Directors made a decision to apply gifts received by NHYM toward keeping the cost of monthly tuition at a minimal rate, thus helping families who experience financial difficulty in providing this type of training for their teenagers.

A downpayment of **\$3000 should be sent** before the summer program begins to hold a spot for a student. In addition, there will be a \$200 transportation charge added to your first billing statement.

For our summer programs at Missanabie Woods Academy (MWA) in Canada and Mountain View Academy (MVA) in the Dominican Republic, the following is a breakdown of the payment schedule:

INITIAL DOWN PAYMENT (DUE WITH APPLICATION)	\$3000.00
SECOND PAYMENT (DUE 7/15)	\$5634.40
FINAL PAYMENT (DUE 8/15)	\$5634.40
(ANY GRANT AMOUNT WILL BE APPLIED TO THE 2 <sup>ND</sup> AND FINAL PAYMENTS.)	

- The present cost for Escuela Caribe (CVS) and New Horizons Academy (NHA) is a monthly fee that is determined on a sliding-scale basis. This fee ranges from \$2950-\$6200, depending upon what income-based grants are awarded.
- Grants are awarded on a sliding scale, based on the Adjusted Gross Income listed on the IRS Form 1040 that claims the child. Please include a copy of your most recent 1040 with your parent application if interested in financial assistance. You will be notified of the grant amount for which you qualify, or you can call the accounting department at 800-333-4009, ext. 108.
- If you are eligible for any third-party payment, this information must be with your initial application.
- To further qualify for a New Horizons grant, the required tuition payment must be made on or before the 15<sup>th</sup> of each month.
- In almost all cases, the IRS considers costs for child training as a medically deductible expense. If you wish to deduct this expense, you must obtain a statement from your family doctor or other qualified persons, recommending your child attend a therapeutic school like New Horizons Youth Ministries. They must also state that such care is necessary for the social well being and emotional health of your child.

*New Horizons Youth Ministries admits students of any race, color, nationality, or ethnic origin.*

# Missanabie Woods Academy

## Needs List for Boys & Girls

Our experience has shown us that the following items are **essential** to protect from and successfully work with the elements in our wilderness setting. **Please follow this list carefully.** You need not purchase expensive equipment and you may feel free to use items that you already have. As important as it is to bring each of these articles, it is equally important to not bring unnecessary baggage. There is little need for anything other than what is listed below (see the enclosed ADDITIONAL INFORMATION FORM). Students should have their names clearly marked on **everything.**

### CLOTHING & MISCELLANEOUS

- \_\_\_ LEATHER WORK BOOTS/HIKING BOOTS
- \_\_\_ WATER-PROOFING for boots, non-aerosol
- \_\_\_ STURDY RAINSUIT (no ponchos)
- \_\_\_ 2 pair HEAVY WORK GLOVES; leather preferably as they last longer
- \_\_\_ 12 pair COTTON SOCKS
- \_\_\_ 3 pair HEAVY WOOL SOCKS or wool/cotton blend
- \_\_\_ 7 pair PANTS: 2 jeans; 3 pr. Poly/cotton blend for work (loose fitting, but not baggy); 1 or 2 pr. for dress (i.e. Dockers)
- \_\_\_ 8 long sleeved WORK SHIRTS (light colored, collared, some flannel).
- \_\_\_ 1 WORK JACKET
- \_\_\_ TENNIS SHOES - avoid vinyl and leather
- \_\_\_ SHOWER/WATER SHOES (aqua socks, sandals and straps, avoid flip flops)
- \_\_\_ SWIMWEAR - GIRLS: modest 1 piece suit  
- BOYS: bathing suit or cutoffs
- \_\_\_ 3 BATH TOWELS; 2 WASH CLOTHS
- \_\_\_ HAT WITH RIGID BRIM for wearing with net (not blue or with holes)
- \_\_\_ STOCKING CAP (not blue)
- \_\_\_ 2 BANDANA HANDKERCHIEFS (not blue)
- \_\_\_ GIRLS: 10 pairs UNDERWEAR
- \_\_\_ GIRLS: 3 BRAS, preferably sturdy or sport style)
- \_\_\_ BOYS: 10 pairs UNDERSHORTS
- \_\_\_ 10 T-SHIRTS (some long & some short-sleeved) at least 1 not white
- \_\_\_ 1 - 2 STURDY LEATHER BELTS
- \_\_\_ 3 SWEATERS/SWEATSHIRTS (wool and fleece stay drier and warmer)
- \_\_\_ 1 PAIR JOGGING/BERMUDA SHORTS
- \_\_\_ PAJAMAS OR SWEATSUIT for sleeping
- \_\_\_ SUMMER COVERALLS, lightweight, to work in (optional)
- \_\_\_ PILLOW plus 2 cases
- \_\_\_ TOILET ARTICLES: summer supply of: unscented shampoo, toothpaste, 2 toothbrushes, deodorant, Ivory soap w/soap dish, nail clippers, brush/comb.  
GIRLS: necessary items for menstrual cycle
- \_\_\_ 3-MONTH SUPPLY OF PRESCRIPTION MEDICATION:(if needed) please give to Medical Officer

## EQUIPMENT

- \_\_\_\_\_ SLEEPING BAG: 3 season type, non-down
- \_\_\_\_\_ LINER FOR SLEEPING BAG
- \_\_\_\_\_ LIFE JACKET (USCGA) vest type w/ flotation collar behind head/neck
- \_\_\_\_\_ CANTEEN /leakproof plastic water bottle
- \_\_\_\_\_ FLASHLIGHT with spare bulbs and batteries
- \_\_\_\_\_ DAY PACK (tear drop style)
- \_\_\_\_\_ SUN SCREEN or LOTION
- \_\_\_\_\_ INSECT REPELLENT: Muskol, Cremes work best, non-aerosol
- \_\_\_\_\_ 5'x7' TARP (polyethylene, canvas)
- \_\_\_\_\_ MESS KIT (recommend non-stick)
- \_\_\_\_\_ DUFFLE BAG (for transportation/storage)
- \_\_\_\_\_ SCRUB BRUSH for washing work clothes
- \_\_\_\_\_ WHISTLE: athletic-coach type w/ neck cord
- \_\_\_\_\_ 10 LARGE GARBAGE BAGS
- \_\_\_\_\_ 2-5 PENCILS
- \_\_\_\_\_ 2-5 PENS
- \_\_\_\_\_ 2 NOTEBOOKS: Stenographer size for Environmental Training Class - Spiral binding
- \_\_\_\_\_ BIBLE
- \_\_\_\_\_ GOVERNMENT-ISSUED PHOTO I.D.
- \_\_\_\_\_ BIRTH CERTIFICATE (need another Notarized copy for border crossing)

**NOTE:** your child is required to set aside a complete set of clothing for the trip home: (clean pants, shirt, socks and underwear).

**NOTE TO THE GIRLS:** As temperatures may vary throughout the day, layering is beneficial. So do not bring clothes that are too tight or too small.